

The Voice of the Harpeth River District UMW
Reminder



In this Reminder

Retreats

Human Trafficking

Society of St. Andrew

Calendar

Unit Updates

LOCKDOWN

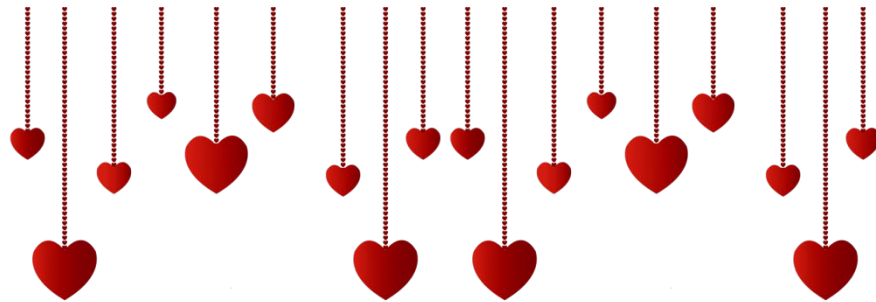
This year, we will have the opportunity to participate in

TWO RETREATS!!!

1st – Spiritual Life Retreat Beersheba Springs April 29-May 1

2nd – Fall Retreat Lakeshore Camp & Retreat Center Sept. 30-Oct. 2

Information for the Spiritual Life Retreat will be available
at the end of the Reminder & on the Website. (hrumw.weebly.com)



L.O.C.K.D.O.W.N. is a time to:

L-isten to God's Voice and reflect. Let go and Let God.

O-bey His word and His teachings.

C-all on Jesus' name and be Calm.

K-now what is the purpose of all of this.

D-well in His presence. Do not panic.

O-ffer a prayer for everyone's safety.

W-ait and be patient. This too, shall pass.

N-uture our personal relationship with Him.

God bless us all.

~ ~ Author Unknown

January is National Slavery and Human Trafficking Prevention Month: What is it, and what are the signs?



[Celina Tebor](#)

USA TODAY

Correction & clarification: An earlier version of this story misrepresented a percentage. The U.S. National Human Trafficking Hotline saw a nearly 20% increase in the number of victims and survivors directly contacting the hotline from 2018 to 2019.

British socialite Ghislaine Maxwell [was found guilty this month of luring teenage girls to be sexually abused](#) by American financier Jeffrey Epstein. Her trial brought the stories of human trafficking survivors into the public eye, but much more often, trafficking operates in the shadows.

January is National Slavery and Human Trafficking Prevention Month, which includes Tuesday's National Human Trafficking Awareness Day – set apart to raise awareness and funds for victims. It's a global issue: The Department of State estimates that as many as 24.9 million adults and children are trapped in some form of human trafficking around the world, including in the United States.

The U.S. National Human Trafficking Hotline saw a nearly 20% increase in the number of victims and survivors directly contacting the hotline from 2018 to 2019, [according to Polaris](#), the nonprofit that runs the hotline for victims and survivors.

Human trafficking is prevalent, but frequently misunderstood. It changes with the times and often happens closer to home than some might believe.

"Trafficking is profoundly adaptable and dynamic," said Caren Benjamin, chief communications officer for Polaris.

What is human trafficking?

There are two main forms of human trafficking: sex trafficking and labor trafficking.

As defined by U.S. law, sex trafficking is the recruitment, harboring, transportation, provision, obtaining, patronizing, or soliciting of a person for a commercial sex act that's induced by force, fraud, coercion, or if the person is under 18.

Labor trafficking follows the same definition, except its purpose is subjection to involuntary servitude, peonage, debt bondage, or slavery.

A 2019 FBI study found that 80% of human trafficking cases from 2015 to 2017 involved sex-trafficking victims. Nineteen percent were victims of labor trafficking, and 1% involved both forms.

There's no way to truly know how much human trafficking exists in the U.S. or around the world, Benjamin said. Data from the U.S. national hotline, for example, represents only victims who know enough or who aren't scared to report trafficking.

Many people mistakenly believe someone has to be moved from one place to another to be considered a victim of human trafficking. Human trafficking, however, does not require transportation to be considered a crime, according to the Department of Homeland Security.

Why January for trafficking awareness?

The U.S. Department of State began monitoring human trafficking in 1994 after the fall of the former Soviet Union and the resulting migration flows, which led to increasing global concern about transnational criminal organizations and their use of trafficking, according to the State Department's [2020 Trafficking in Persons Report](#).

In 2000, Congress passed the [Victims of Trafficking and Violence Protection Act](#) aimed at combatting human trafficking, especially involving the sex trade, slavery, and involuntary servitude.

Ten years later, President Barack Obama proclaimed January as National Slavery and Human Trafficking Prevention Month. According to the State Department, January was chosen because it was the same month Abraham Lincoln issued the Emancipation Proclamation, freeing 4 million slaves on Jan. 1, 1863.

How has COVID-19 impacted trafficking?

COVID-19 has shown that human trafficking is "pandemic-proof," Benjamin said.

Online recruitment for sex trafficking in the U.S. has seen a steep increase during the pandemic, said Roger Martin, CEO of nonprofit Humans Against Trafficking.

"The potential victims, mostly teens, are just spending way more time unsupervised on their devices," he said. "They tend to get more approaches by predators online, and that's been on the rise since the beginning of COVID."

Other factors caused by the pandemic, such as economic instability, further increase someone's vulnerability to trafficking, Benjamin said.

"It's important to always remember that human trafficking doesn't happen in a vacuum," she said. "The things that make people vulnerable to trafficking certainly did increase in the COVID era. There were a lot of people who were hurting economically."

U.S. marshals, who often conduct operations to recover missing, endangered, or abducted children, assisted with the recovery of 950 "critically missing children" in 2021, an approximately 145% increase over 2020.

One of every 6 children recovered has likely been a victim of human trafficking, said Dave Oney, a public affairs specialist with the Marshals.

Labor-trafficking demand is driven by factors such as location and season, Martin said. The primary victims of labor trafficking tend to be people who are new to a country, don't speak its language, or might not have the skills or education to get traditional or white-collar jobs.

The 2019 FBI study found that 43% of victims recruited for labor trafficking were foreign nationals residing outside the U.S.

"They end up falling into work where it's usually a scam," Martin said. "They feel like they don't have any choice – they're kept in this perpetual cycle of getting paid less than minimum wage and working long hours. Labor traffickers will often take their ID or immigration papers, so the person can't move around and travel."

What are the signs of sex and labor trafficking?

Anyone can be a victim of human trafficking.

According to the White House, the people most vulnerable to human trafficking in the U.S. include youth in the welfare or juvenile justice system, runaway and homeless youth, undocumented immigrants, people of color, LGBTQ+, people with disabilities, and people with substance use disorder.

The vast majority of human trafficking is perpetrated by someone known to the victim, Benjamin said: "It is very rare that people are kidnapped by strangers and forced into trafficking situations via force and violence."

Understanding what trafficking looks like is important, but it's difficult to determine whether a stranger is being trafficked without jumping to conclusions. The people you are in a position to help are often people who you know, she said.

Here are common warning signs of human trafficking, according to experts:

- Unexplained absences, skipping school or work, or isolation from friends and family
- Expensive gifts that would normally be out of budget, like designer handbags or clothes
- Spending a lot of time with an older person who didn't previously have a relationship with the potential victim
- Carrying a second phone
- Avoiding eye contact, social interaction, and authority figures or law enforcement
- Seeming to adhere to scripted or rehearsed responses in social interaction
- Lacking official identification documents

If you are a victim of human trafficking and need help, or believe you know someone who is being trafficked, you can contact the [National Human Trafficking Hotline](https://www.humantraffickinghotline.org/) at (888) 373-7888.

Provided by Beth Stockwell, District Social Action Coordinator



Society of St. Andrew

GLEANNING AMERICA'S FIELDS ~ FEEDING AMERICA'S HUNGRY

Gleaning Network • Potato & Produce Project • Harvest of Hope



January 2022

Pulaski District Umw 000009

210 S 3rd St

Pulaski, TN 38478-3802

|||||

Dear Friends in Christ:

Will your congregation join with Society of St. Andrew in our annual Lenten devotions and giving program in 2022? Hundreds of congregations across the country return to Society of St. Andrew's Lenten program year after year because it nourishes bodies and souls!

Ash Wednesday is March 2nd! Now is the time to preview the materials we offer and plan your congregation's special mission emphasis for the Lenten season! **You can preview and order the 2022 Lenten materials online today at endhunger.org/Lent** or you may **request a Starter Kit**, a sample packet of seasonal program resources, available for you to examine free of charge without obligation, by returning the form included in this letter in the mail or by calling 800-333-4597.

Devotions for each day of the Lenten season feature Scripture readings, reflections, and prayers that encourage renewal and re-commitment to faithful living. This Lent, invite your members to focus on their relationships with God and one another. As participants nourish their spirits, Society of St. Andrew urges a daily commitment to giving, gifts that will nourish the bodies of our hungry neighbors.

Society of St. Andrew's 2022 Lenten Devotion booklet, "The Cup of Salvation," is based on the scripture verse Psalm 116:13 We invited our writers, both pastors and laypeople, from many denominations and from all walks of life, to write about an experience of a Lenten sacrifice that brought them closer to God or their interpretation of the meaning of the cup of salvation.

For each household in your congregation, order one Lenten Devotion booklet, one coin box and/or pew envelope, and share **The Cup of Salvation**. All materials are sent to you at no charge, but we ask you to help us be good stewards of our resources by only ordering the materials you are likely to use.

If you'd like to add an additional spiritual discipline during the Lenten season, or if you'd prefer a shorter, more focused period of reflection, the Society of St. Andrew also offers, online only, a Good Friday Fast program with prayers to accompany a period of purposeful hunger, beginning after the Lord's Supper on Maundy Thursday and continuing through Good Friday with options to extend the fast until Easter sunrise.

Both the Lenten Devotion booklet and the Good Friday Fast booklet will also be available as ebook downloads from Society of St. Andrew's website, www.EndHunger.org/Lent. Your congregants may also request a daily Lenten devotion email through this link.

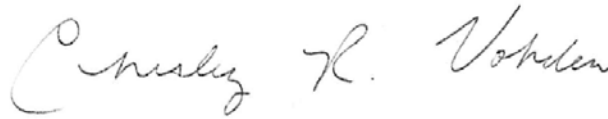
Society of St. Andrew celebrates its 43rd year of salvaging produce that cannot be sold and sharing it with tens of thousands of agencies that feed hungry people here in the United States—**more than 3.4 billion servings to date!** Simply put, we glean America's fields and feed America's hungry in the name of Jesus Christ.

Through our Lenten devotions and giving program, we invite participants to partner with our ministry of feeding the hungry by making a monetary gift in response to the daily Scripture readings, reflections, and prayers. Since the Society of St. Andrew delivers food for a little more than 3¢ a serving, a donation of just a dollar a day (\$46 during Lent) will provide more than 1,840 servings for those families who don't have the means to get nourishing food. **That's a gift with real impact!**

Will you make feeding the hungry through Society of St. Andrew a mission emphasis in your congregation this Lent?

I pray God's blessings on you and all whom you serve this Lenten season!

In Christ,



Chesley R. Vohden
Director of Church Relations

If you do not receive your Starter Kit by February 1, please call 800-333-4597.

_____ Please send a Lenten Starter Kit.

_____ I already know I want to order. Send _____ Lenten booklets

Good Friday Fast booklets (online only)

_____ Coin boxes _____ Pew Envelopes

All materials are provided free of charge. Please help us be good stewards of our resources by ordering only the quantities you are likely to use. An offering for postage will help us offset expenses. Thank you!

_____ Church name _____ (_____) _____ Church phone

_____ Church City _____ State _____ Zip

_____ Contact name _____ Contact position

_____ Contact email address _____ (_____) _____ Contact phone

Send materials to: ☐ Church address ☐ Contact's address

Physical Address (We send large orders by UPS.)

_____ City _____ St _____

Your gift is very much appreciated and may be tax deductible pursuant to IRC §170(c). A copy of the Society of St. Andrew's latest financial report may be obtained by writing to **Lynette Johnson, Executive Director, 3383 Sweet Hollow Road, Big Island, VA 24526; by calling 800-333-4597 or by visiting www.endhunger.org**. The Society of St. Andrew, Inc. has been formed to reduce food waste and end hunger. If you are a resident of one of these states, you may obtain financial information directly from the state agency: **FLORIDA** – A COPY OF THE OFFICIAL REGISTRATION AND FINANCIAL INFORMATION MAY BE OBTAINED FROM THE DIVISION OF CONSUMER SERVICES BY CALLING TOLL-FREE, 1-800-435-7352 (800-HELP-FLA) WITHIN THE STATE OR VISITING www.800helpfla.com. REGISTRATION DOES NOT IMPLY ENDORSEMENT, APPROVAL, OR RECOMMENDATION BY THE STATE. Florida Registration CH5730; **GEORGIA** - A full and fair description of the programs of The Society of St. Andrew, Inc. and our financial statement summary is available upon request at the office and phone number indicated above; **MARYLAND** – For the cost of copies and postage, Office of the Secretary of State, State House, Annapolis, MD 21401; **MISSISSIPPI** – The official registration and financial information of The Society of St. Andrew, Inc. may be obtained from the Mississippi Secretary of State's office by calling 1-888-236-6167. Registration by the Secretary of State does not imply endorsement; **NEW JERSEY** – INFORMATION FILED WITH THE ATTORNEY GENERAL CONCERNING THIS CHARITABLE SOLICITATION AND THE PERCENTAGE OF CONTRIBUTIONS RECEIVED BY THE CHARITY DURING THE LAST REPORTING PERIOD THAT WERE DEDICATED TO THE CHARITABLE PURPOSE MAY BE OBTAINED FROM THE ATTORNEY GENERAL OF THE STATE OF NEW JERSEY BY CALLING (973) 504-6215 AND IS AVAILABLE ON THE INTERNET AT <http://www.state.nj.us/lps/ca/charfm.htm>. REGISTRATION WITH THE ATTORNEY GENERAL DOES NOT IMPLY ENDORSEMENT; **NEW YORK** – Office of the Attorney General, Department of Law, Charities Bureau, 120 Broadway, New York, NY 10271; **NORTH CAROLINA** – FINANCIAL INFORMATION ABOUT THIS ORGANIZATION AND A COPY OF ITS LICENSE ARE AVAILABLE FROM THE STATE SOLICITATION LICENSING BRANCH AT 1-888-830-4989. THE LICENSE IS NOT AN ENDORSEMENT BY THE STATE; **PENNSYLVANIA** – The official registration and financial information of The Society of St. Andrew, Inc. may be obtained from the Pennsylvania Department of State by calling toll-free, within Pennsylvania, 1-800-732-0999. Registration does not imply endorsement; **VIRGINIA** – Virginia State Office of Consumer Affairs, Department of Agricultural and Consumer Services, PO Box 1163, Richmond, VA 23218; **WASHINGTON** – Charities Division, Office of the Secretary of State, State of Washington, Olympia, WA 98504-0422, 1-800-332-4483; **WISCONSIN** – a financial statement of The Society of St. Andrew, Inc. disclosing assets, liabilities, fund balances, revenue, and expenses for the preceding fiscal year will be provided upon request; **WEST VIRGINIA** – Residents may obtain a summary of the registration and financial documents from the Secretary of State, State Capitol, Charleston, WV 25305. Registration with any of these state agencies does not imply endorsement, approval or recommendation by any state.

~ ~ Unit News ~ ~

From Christ UMW ~

Provided by Stacey Hagedwood

I wanted to send you some info about our group and what we have going on this quarter and early next quarter.

We had an officer meeting this past Sunday afternoon and plan to continue to have officer meetings on the 4th Sunday of the odd months and then the full UMW meeting on the 4th Sunday of the even months. Our February 27th meeting will be our first large group meeting of the year with a special presentation by one of our church members, Amy Saffell, who is the Executive Director of ABLE Youth. ABLE Youth is the only organization of its kind to provide opportunities for youth who use wheelchairs in learning independence, skills and sports. They strive for participants to learn the importance of complete independence in all activities of daily living, which in turn, leads to self-esteem, motivation and a desire to excel. The children are taught The ABLE Way - to Adapt, Believe, Love and Enjoy life. More here:

<https://www.ableyouth.org/> In light of recent UMW Faith Talks being about inclusivity, we thought this would be a great tie-in.

Looking a bit further down the road, we've had such great success in the last couple of years doing a UMW church-wide diaper collection for the community, we're going to do that again this April. We've collected over a thousand diapers each time, donating them to GraceWorks and Mercy Children's Clinic, both serving families in need in Franklin/Williamson County.

CHRIST UMC'S
UNITED METHODIST WOMEN
ANNOUNCE THE ANNUAL

April Diaper Drive

Because diapers are not covered by food stamps and a big need, we're collecting through April for both GraceWorks and Mercy Clinic. Please look for the collection points and bring in the size that corresponds with your name:

- size 1 - last names A-E**
- size 2 - last names F-J**
- size 3 - last names K-O**
- size 4 - last names P-T**
- size 5 - last names U-Z**

Thank you for helping families in need!

~ ~ Unit News ~ ~

From Centerville UMW ~

Provided by Peggy Owen

Our Pot Pie Patrol has been very busy for the past few months. A Chicken Pot Pie is delivered to those in our church who have been hospitalized, sick or shut-in. We have a team of women who make and deliver the pot pies. This yummy comfort food is always appreciated.

Our Blessed Stitches group is always busy making pillowcase dresses, prayer shawls and Prayer Buddies. The dresses are used for UMCOR Christmas boxes and Red Bird Mission The Prayer Buddies go to kids at the local women's shelter and to babies/kids in our church.

We have a gentleman who grew up in Centerville UMC and now lives in Georgia. He loves his hometown and "wants to help those in need in Hickman County." Over the last few years, he has asked our UMW to facilitate distribution of his funds to organizations who are meeting needs in our community. Organizations such as: the local domestic abuse center; Friday Friends (weekend backpack program); clothing, shoes, toiletries and personal hygiene items for students at our high schools; transportation of food for a Feed America Food Truck; utility aid; providing Christmas gifts for kids and their mom staying at the domestic abuse shelter; sponsoring a 5th grade Adopt-a-Class and birthday gifts for nursing home residents. He has told us many times that he knows if you want to get something done, you can always count on United Methodist Women. It is an honor for us to help fulfill his desire to help those in need in his hometown.

We are in the process of planning our activities for 2022 and hope we will continue to demonstrate Faith, Hope and Love in Action.



PRAYER LIST

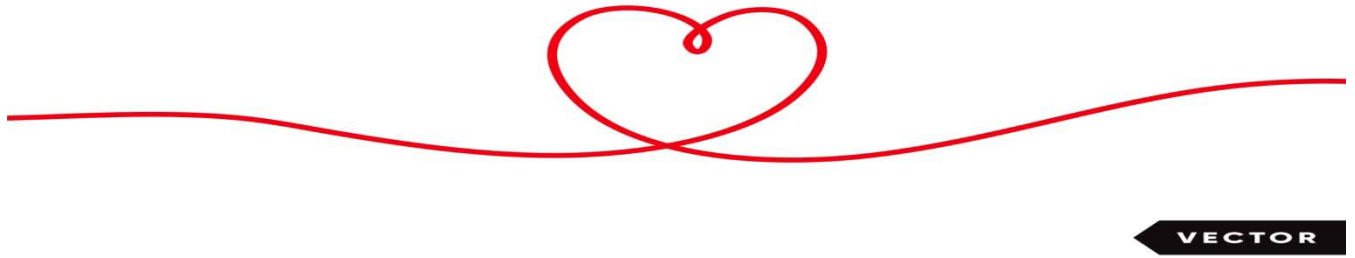
Janet Bobbi
Nita

Does your name need to be on this list? Remember, 1st names only.
We do not need to know why....



THE PURPOSE of the UNITED METHODIST WOMEN

The United Methodist Women shall be a community of Women whose PURPOSE is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative, supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church.



UPCOMING DISTRICT EVENTS

Saturday, March 12 at Nolensville FUMC – 7316 Nolensville Road, Nolensville, TN 37135

Please plan to participate in these sessions...you will be informed, blessed and refreshed as we come together. (Please know that masks are required.)

1:00 PM – Local Unit Officer Training

District Officers will share the latest UMW information with officers of the local units.

This will be a good time for all the officers to engage in dialog; ask and answer questions.

2:00 PM – Faith Lift

Come join together for a day of faith-building music, prayer and an inspirational message from our speaker, Joy Lewter. Many of you know Joy from her long history with UMW.

She has served at the local, district, conference, and national level. The theme for this meeting is *Healing and Joy on Our Journey to God*.

Thursday, April 21 at Columbia FUMC, 222 West 7th Street, Columbia, TN 38401

6:00 PM - Partner in Mission Dinner

The pastor and spouse from each UMW unit are invited to this event along with UMW members. The purpose is to enhance the relationship between local UMW units and their pastors as we engage in mission together. Please go ahead and invite your pastor so he/she can get this on their calendar. (The district covers the cost of the pastor & spouse and 2 members of the unit. If more than 2 unit members want to attend, they can do so by paying the registration fee.) More on this will be forthcoming.

HARPETH RIVER DISTRICT CALENDAR OF EVENTS[District Events are in **bold.**]

Mar. 5 (Sat.)	10:00 am 12:30 pm	Conf. Training for Dist. Officers Conf. Executive Team Meeting	Dickson First UMC Dickson First UMC
Mar. 12 (Sat.)	1:00 pm 2:00 pm	Local Unit Officer Training District Faith Lift	Nolensville First UMC Nolensville First UMC
Apr. 21 (Thurs.)	6:00 pm	District Partners in Mission	Columbia First UMC
Apr. 29-May 1 (Fri.-Sun.)		Spring Retreat	Beersheba Springs
Jun. 25 (Sat.)	10:00 am 12:00 pm 1:00 pm	Local President's Roundtable Lunch Dist. Leadership Team Meeting	St. Andrew Memorial UMC Pulaski, TN
Jul. 14-16 (Thurs.-Sat.)		Mission u	Scarritt Bennett Center Nashville, TN
Aug. 6 (Sat.)	TBD	Conf. Executive Team Meeting	TBD
Aug. 20 (Sat.)	9:30 am-2 pm 2:00 pm	Mission Study/Brown Bag Lunch Dist. Leadership Team Meeting	Centerville UMC Centerville UMC
Aug. 20 (Sat.)	TBD	Social Action Day	TBD, Memphis Area
Sept. 17 (Sat.)	TBD	Conference Annual Meeting	Brentwood First UMC
Sept. 24 (Sat.)	8:30 am 9:00 am	Dist. Annual Meeting, Registration District Annual Meeting Begins	Christ UMC Franklin, TN
Sept.30-Oct.2 (Fri.-Sun.)		Fall Retreat	Lakeshore Camp & Retreat Center, Eva, TN
Nov. 12 (Sat.)	TBD	Training for District Officers	TBD

**2022 Harpeth River District Officers**

President	Peggy Owen	Spiritual Growth	Marion Sengstacke
Vice President	Patsy Elliott	Program Resources	Bobbi Toombs
Secretary	Marilyn Smith	Communications	Janet Pierce
Treasurer	Debbie Miller	Nominations Chair	Judy Davis
E & I	Vacant	Class of 2022	Kate Howard
MNO	Diana Garner	Class of 2023	Frances Warpool
Social Action	Beth Stockwell	Class of 2023	Vacant
		Class of 2024	Vacant

Registration

- Name _____
- Email _____
- Phone _____
- Any Dietary Restriction _____
- Do You Need a Handicap Accessible Room? (Circle 1)
Yes/NO

☐ I would like a Single
Occupancy Room for \$215

☐ I would like a Double
Occupancy Room for \$155
Roommate Request: _____

☐ I would like a Double
Occupancy Room for \$155
Assign Me A Roommate

Please attach your check to
your registration form and
mail to: Beersheba Springs
Assembly PO Box 577

Beersheba Springs, TN 37305
Checks can be made out to
Beersheba Springs Assembly



GENERAL INFORMATION

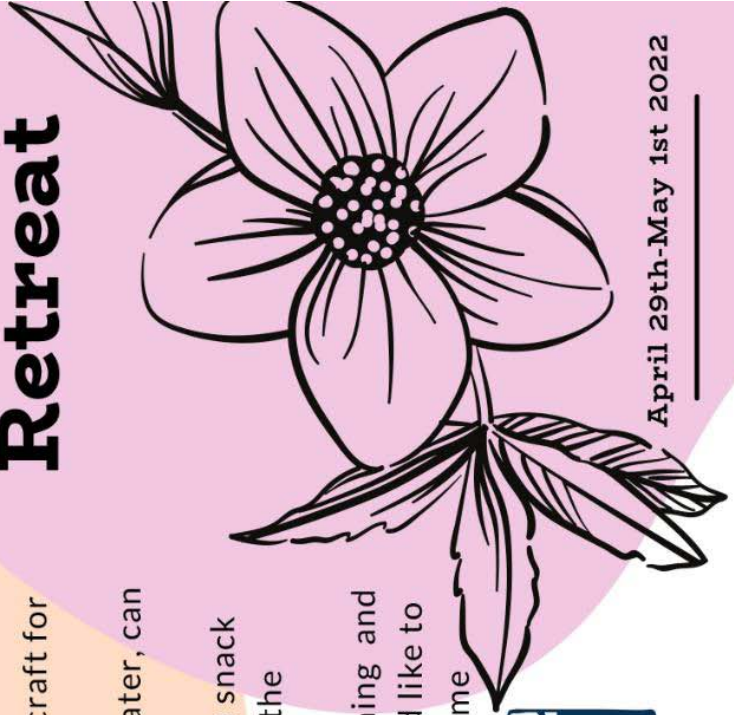
Items you might want to
bring:

- Bible, journal, writing
utensil
- Books, games, or craft for
free time
- Snacks, bottled water, can
drinks to share
 - There will be a snack
table setup in the
meeting room
- Comfortable clothing and
shoes if you would like to
hike during free time



BEERSHEBA SPRINGS
ASSEMBLY

7th Annual Women's Retreat



April 29th-May 1st 2022

Schedule

Friday

5:00 PM - Registration
6:00 PM - Dinner
7:00 PM Welcome & Session 1

Saturday

7:30 AM - Morning Devotion
8:00 AM - Breakfast
9:00 AM - Session 2
10:30 AM - Individual Time
With God
11:30 AM - Small Groups
12:00 PM - Lunch & Free Time
3:30 PM - Session 3
5:30 PM - Dinner
7:00 PM - Interactive
Activities

Sunday

8:00 AM - Breakfast
9:00 AM - Session 4 & Closing



Introducing

Jane Rubietta:



Jane Rubietta speaks internationally, and is an award-winning author with 21 books to her credit, four on the UMW reading program (Worry Less So You Can Live More, and Heartbeat of a Mother most recently). A UM clergy spouse and the mother of three (tall) grown children, Jane's hilarious and filled with hope. You'll think she's been reading your journal because she gets you.

Then she just loves and blesses you. Audiences suggest a backup career in stand-up comedy if she runs out of anything else to do. "Have you been reading my journal?" people ask as she shares her own zany battles with life. Find more at JaneRubietta.com

Jane will also bring her highly acclaimed books and CDs to our retreat together, including three from the UMW Reading Program Quiet Places, Worry Less Live More, and Heartbeat of a Mother. Brilliance is her newest release.

A couple of fast sweet clips of endorsement that showed up on social media today: "you are in for a rip roarin heart healing treat."

Joni Tr, Clergy Spouse

"You will fall in love with Jane and, even better, with the God who loves and treasures you. Get ready for still waters and green pastures...and hilarity:)"

Audrey G.

