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*The Voice of the Harpeth River  
District UMW Newsletter*



*Let Your Light Shine -  
Ignited for Justice*

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## *Greetings Everyone!!*

*It seems like it has been longer than “a coon’s age” since we have been together. I believe I can speak for most of you when I say that I have missed seeing everyone and have missed our events. Boy, I sure do hope 2021 is better than 2020 has been!*



### *In this Issue*

- Psalm 23 - a little different*
- What’s Happening in other Units*
- A letter from Bobbi Toombs*

*District Program Resource Office*

- Words from our President*

## The 23<sup>rd</sup> Psalm

The Lord is my Shepherd – that's a Relationship!

I shall not want – that's Supply!

He maketh me to lie down in green pastures – that's Rest!

He leadeth me beside the still waters – that's Refreshment!

He restoreth my soul – that's Healing!

He leadeth me in the paths of righteousness – that's Guidance.

For His name's sake – that's Purpose!

Yea, though I walk through the valley of the shadow of death – that's Testing!

I will fear no evil – that's Protection!

For Thou art with me – that's Faithfulness!

Thy rod and Thy staff comfort me – that's Discipline!

Thou preparest a table before me in the presence of mine enemies – that's Hope!

Thou annointest my head with oil – that's Consecration!

My cup runneth over – that's Abundance!

Surely goodness and mercy shall follow me all the days of my life – that's Blessing!

And I will dwell in the house of the Lord – that's Security!

Forever – that's Eternity!

~ Author Unknown

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## From Christ UMC UMW

Finding Peace in an Anxious World, has been adapted for use either at home or in virtual small groups. Videos and a participant's guide are available for free download. Participants in this study will explore ways to discover peace through scriptural and spiritual disciplines. Using the Serenity Prayer and the book of Proverbs as guides, you will seek to find ways to be rooted in God and energized to live fully as disciples of Christ. Here is the link:

<https://www.unitedmethodistwomen.org/finding-peace-in-an-anxious-world?fbclid=IwAR3DKUIC-fNSn3DIfKMJT3y8UH8tKB1IbYFB6p3ispNNgMhr5GAV6OobatQ>

Feel free to study at whatever pace you choose. We'll then have one hour discussion sessions via Zoom on each of the four chapters on the second Sundays in August, September, October and November at 6:30pm. That's August 9, September 13, October 11 and November 8. I'll wait to send the Zoom invites closer to each date...

Also, The United Methodist Church has an initiative, Dismantling Racism. You can listen to their Faith Talks podcast in your car or at home and learn more about the UMC's initiative to end racism now. Here is a link or search through your podcast app for Faith Talks (many great ones to listen to): <https://www.spreaker.com/user/unitedmethodistwomen/dismantling-racism>

As I mentioned in my earlier email, we'll work to try and put our own program together soon. And please share this email with anyone you think may be interested. We'll also share some posts and information through our Christ UMC communication channels.

For questions, please contact:

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## From Centerville UMC UMW

We have a lot of things planned and would like to share them with you:

1. **UMCOR Shoebox program.** We have 25 shoe boxes to fill and ship.
2. **Women Are Safe** - They need purse size hand sanitizer, household cleaning products, disinfectant wipes (if we can find them), and Lysol spray.
3. **Adopt-A-Class** - Because of restrictions due to COVID, we cannot visit the class. We have sent a text to the teacher to see if she has any needs for her class that we can help with.

4. **Centerville Life Care Center** - Because of COVID, we cannot have the annual birthday party that we normally host in August. The activity director has told me that we can send a card and gift to each of the August birthday people. There are 7 of them, all ladies. She has given me suggestions of items that they would like. We can put together the gifts along with a card and take them to the center.

5. **East Hickman High School** - The school needs items for their hygiene closet along with grab and go snacks. Specifically they need shampoo, body wash, deodorant, toothbrushes, tooth paste, and laundry detergent. The laundry detergent is for kids who shower and wash their clothes at school. We'll also get snacks for them.

6. **Hickman County High School** – One of the teachers is checking to see what is needed.



*Words of wisdom from our President:*

*Even during the most difficult times, there is always, always, always something to be thankful for.*



Did you know...?

~ The Lord whistles for the fly ... and for the bee. Isaiah 7:18

~ Noah walked with God. Genesis 6:9

~ Moses sees God's back. Exodus 33:23

~ Appearance of a god (a celestial being) walked around in the furnace with the three men. Daniel 3:25

~ The Lord said through Jeremiah, "... I am sorry for the disaster that I have brought upon you." Jeremiah 42:10

~ "... Lo, I swear by my great name, says the Lord,..." Jeremiah 44:26

~ God hears even Jesus' unspoken thoughts ... John 11:40 fn (footnote)

~ ... and his servants will worship him; they will see his face and his name will be on their foreheads.

fn: To "see his face" will be the crowning joy of heaven. Revelation 22:4

## The Reading Program for United Methodist Women

Ladies,

Due to the lack of meetings and difficulty of being able to get our books, I question how many readers we have? If your unit has readers to report please turned in by October 10<sup>th</sup> .

I am sending this to let you know what is available from the Resource Center. At the United Methodist Resource Center the new 20/21 program book is now available for \$10.00. The title is *Knitted Together for God & Good Work*. I have not found it available anywhere else as of this date. They are also advertising the **SAMPLER**, which includes the Program Book, Prayer Calendar, Spiritual Growth Study, and Quadrennial Calendar for \$40.00. This is a \$4.00 savings.

From the Resource Center the new list of reading books is now available for printing. The list is available on the Conference web site. This list will be available on our website soon with book synopsis.

If you receive reading reports from your members in your units/circles please forward them to me so I can give the Units recognition.

Hope you have all had a great reading year.

Blessings,

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If I failed to mention something or you have news to share, I will do my best to pass it on. Please let me know.

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