

## Healing & Joy through Reading

Hello United Women of Faith!!

It is that time of year – Reading Reports. Please send them to me by email, [bobbitoombs@att.net](mailto:bobbitoombs@att.net).

Also, it is very important to send me a Reading Report even if your unit did not participate.

I want to encourage **everyone** to try to read at least **5** books in one year. I can't brag enough on the choices we have on our current list. The books have been very interesting and even fun to read. I am looking forward to the 2023 list that should be coming out in August or September.

I will be more than happy to recommend books to read from each category. To find out which book(s) interests you the most, you can go online and read the summary about the book. How do you ask?

It really isn't difficult. Go to Media on the website, scroll down to Books, go over and click on the category you need. You will need to download the file. Once you have the file open, scroll down to the year I tell you and look up the book. The books are listed by the year, then in alphabetical order.

I have read at least 2 books a month from the reading list and countless other books. You will very seldom see me without a Kindle close at hand, (I actually have 3 Kindles right now.) and if for some reason I have forgotten a Kindle I have the app on my phone.

My last book was "Becoming Grandma" by Leslie Stahl. It was wonderful!! My picks for this week are "A Brave Face" by Barbara Marlowe and "Tattoos on the Heart" by Gregory Boyle.

[2022 Reading Program | United Women in Faith \(uwfaith.org\)](http://uwfaith.org)

This is the web address of the reading program. I really like what they have to say regarding Reading.

### **Reading is connecting.**

The Reading Program is not meant to be completed alone or in a vacuum. You can enrich the experience by doing one or several of these things:

- **Share the program** with United Women in Faith members and members of the community.
- **Help people attain books.** Distribute this guide.
- **Connect with local and district groups.** Start a book club, download books onto an e-reader to pass around and share, present book reviews at group meetings.

- **Display a progress chart in your church** for all who wish to participate, and post displays to encourage book sales.
- **Pray.** Books often raise concerns about people, countries and issues. Bring these concerns to God during your prayer time at home and at group meetings.
- **Advocate for tangible change.** Many Reading Program books address issues including climate change, mass incarceration and racism. Organize a task force to address these issues in your community.