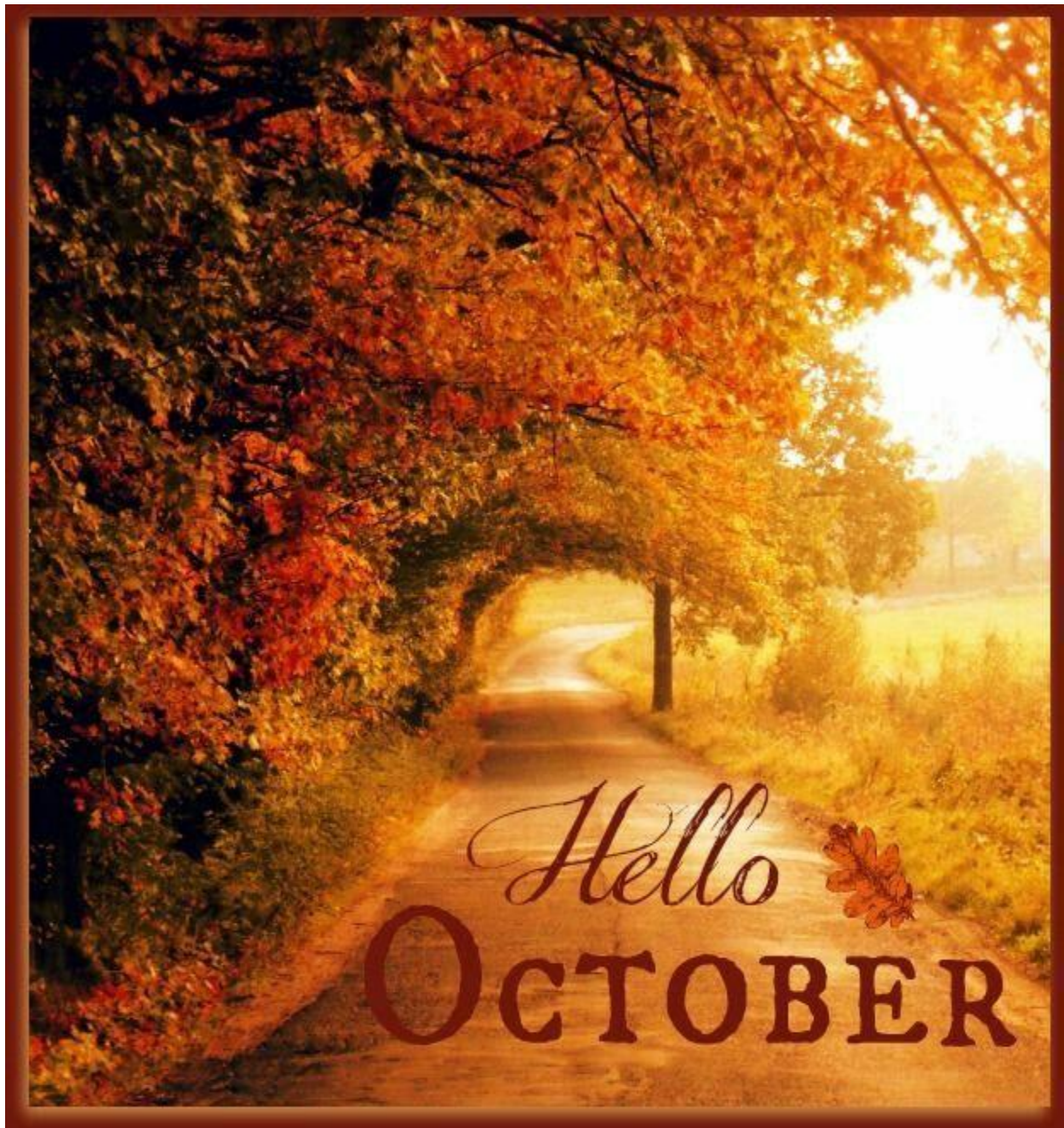
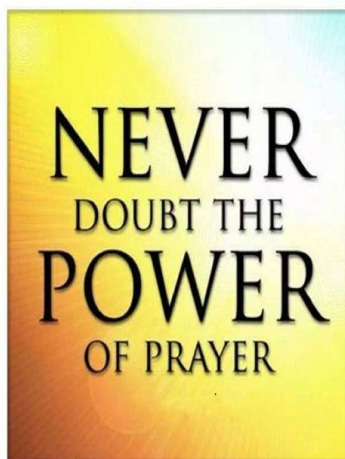

The Voice of the Harpeth River District
United Women in Faith

~ ~ Reminder ~ ~



United Women in Faith Mission

We seek to connect and nurture women through Christian spiritual formation, leadership development, creative fellowship and education so that they can inspire, influence and impact local and global communities.



In Our Prayers

Beth Bobbi Brooke Frances

Janet Joy Judy Kate Katie

Kila Linda Nita Sydney Tim

People of Ukraine

pdj1169@gmail.com



Helpful Resources

ALL of the Helpful Resources are located on the website:
hrumw.weebly.com under "Connections"

UWF / TWK Conference UMC / Facebook

Flicker / YouTube / Twitter

Pinterest / Instagram / New York Office

Church Center for the United Nation / Washington D.C. Office



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NOV. 1 — LOCAL UNIT OFFICER DUE

(I know you can do this!! You have ONE MONTH to get it done! Go For It!!)



Celebrate!! Have a Breast Exam by your Provider &/or get a Mammogram!!



My Sunday School Class

My Sunday School Class is studying Max Lucado's book "Unshakeable Hope: Building Our Lives on the Promises of God." I would like to share with you some quotes from the book that got my attention. I hope they capture yours as well!

- * Jesus' definition of faith: *faith is the deeply held belief that God will keep his promises.*
- * Promises are the stitching in the spine of the Bible.
- * Let's be what we were made to be—People of the Promise.
- * *We are building our lives on the promises of God.
Because his Word is unbreakable our hope is unshakable.
We do not stand on the problems of life or the pain in life.
We stand on the great and precious promises of God.*
- * God's goal is simply this: to rub away anything that is not of him so the inborn image of God can be seen in us.
- * Every conflict is a contest with Satan and his forces.
Satan may be vicious, but he will not be victorious.
- * You have everything you need to be everything God desires.
- * Your prayers impact the actions of God.
- * You are never without hope, because you are never without prayer.
- * Prayer is not the last resort; it is the first step.

- submitted by Janet Pierce

Taken from *Unshakable HOPE: Building Our Lives on the Promises of God* by Max Lucado Copyright 2018 by Max Lucado. Used by permission of HarperCollins Christian Publishing. www.harpercollinschristian.com



Thoughts from the Annual District Meeting.

Saturday, September 24, was a special time for the United Women in Faith (UWV). Our Harpeth River District Annual Meeting was held at Christ United Methodist Church. After opening and roll call, we honored the oldest member, Marion Sengstacke, and the youngest, Ronda Spurlock. Prospect United Methodist Church had the greatest percentage in attendance and again took home our attendance award to hold until next year. We also recognized any of our officers who were retiring from service. Marion Sengstacke retired after serving for one year as Spiritual Growth Chairperson. The other officer who was retiring was our own President, Peggy Owen. Peggy had previously served as Treasurer for 7 years (due to changes in the way reporting was done) and 2 years as President. A special Mission Pin and certificate were given to her, as well as a gift from the officers.

After a short break, we honored those people who had passed in the various units. Diana Garner, Membership, Nurturing and Outreach Chairperson, read the names and presented someone from each unit with lace angels for the families of each member lost. After this very moving part of the meeting, Janet Pirez played a piano solo entitled "Blessings". Then, we had a speaker from Bridges of Williamson County, a shelter for women as well as their children, who might be leaving an abusive situation. The offering taken that morning was given to Bridges. Our own District Superintendent, Rev. Dr. Vona Wilson, brought an inspiring message. After communion and dismissal to the fellowship hall, attendees enjoyed lunch served by the ladies of Christ United Methodist Church.

If you missed this year's District Annual Meeting, start planning on attending next year at Lawrenceburg United Methodist Church. It is a fun-filled spiritual day.

~ Judy Davis

Nominating Committee Chairperson



Greetings Everyone,

I am in high spirits today after attending our Harpeth River District Annual Meeting on September 24. I encourage everyone to attend these meetings, because they are informative and upbeat. You get a real feeling of sisterhood when you are there. Also, you are full of ideas to come home and share with your unit. We installed officers for 2023. I have been re-elected for District Secretary and thank everyone for their confidence in me.

As secretary, I will be making a new directory for 2023. I will need, from each unit, the list of officers including their address, phone number, and email address. The directory will include a schedule of all district meetings for the coming year, the list of new officers and their contact information, and much more information you will find handy. The deadline to submit this information is November 1. It is important to send me the information quickly, as the new directory is to be distributed in January. My email address is mckayfirestone@energize.net and for those of you who do not email, my address is 23643 Justin Brent Circle, Elkmont, AL 35620.

Respectfully submitted,
Marilyn Smith
District Secretary

CONFERENCE ANNUAL MEETING PICTURES



MEREDITH BINGHAM
TWK UWF PRESIDENT



MIYA BURT
SPECIAL MUSIC



DEBORAH POOLE
SPIRITUAL GROWTH



2023 OFFICERS' INSTALLATION



HEATHER BENNETT
GUEST SPEAKER



HARPETH RIVER DISTRICT TABLE

~ ~ Unit News ~ ~



*The Centerville UWF
enjoyed a Sister Social on
09/14/2022. There were 6
present. They meet at a
local restaurant.*



Bible Trivia from NRSV

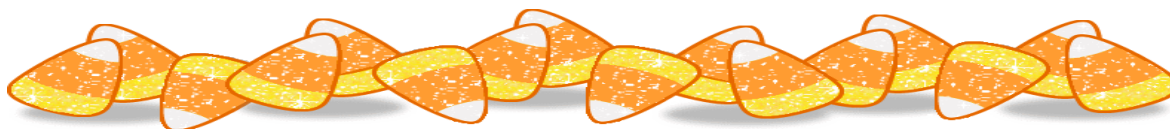
I'll give you a hint - the book of the Bible and its chapter.
Remember the wording is taken from the NRSV.

- 1 - Who was called the "friend of God"? - James 2
- 2 - How did they make the color purple & what does it represent? - Luke 16 footnote
- 3 - Who served as God for another person? - Exodus 4
- 4 - What was the name of Peter's son? - 1 Peter 5
- 5 - What do we ask God to put in his bottle? - Psalm 56
- 6 - Which apostle witnessed the transfiguration of Jesus? - Introduction to 2 Peter
- 7 - What 8 things does God do to assure his protection for us? - Psalm 91
- 8 - What creation marks the first appearance of life on earth? - Genesis 1
- 9 - God gave us a spirit of what three things? - 2 Timothy
- 10 - What is the kingdom of God like? And to what shall I compare it? - Luke 13

Calendar of Events

{District in **BOLD font.**}

Oct.	All Month	NATIONAL BREAST CANCER AWARENESS MONTH	
10/1 (Sat.)	All Day	2 nd Day of Fall Retreat	
10/5 (Wed.)	All Day	Work on Local Unit Officer Report	
10/10 (Mon.)	All Day	COLUMBUS DAY	
10/12 (Wed.)	All Day	Work on Local Unit Officer Report	
10/19 (Wed.)	All Day	Work on Local Unit Officer Report	
10/26 (Wed.)	All Day	Finish Local Unit Officer Report	
		Email or Snail Mail to:	
		Marilyn Smith, District Secretary	
		23643 Justin Brent Circle	
		Elkmont, AL 35620	
		mckayfirestone@energize.net	
10/31 (Mon.)	All Day	HALLOWEEN	
11/1 (Tues.)	All Day	Local Unit Officer Report <i>Officially Due!</i>	
11/6 (Sun.)	All Day	ALL SAINTS' DAY	
11/12 (Sat.)	10-12:30	Conf. Training for District Officers	Columbia First UMC
12/1 (Thurs.)	All Day	Contact Person Due	
12/4 (Sun.)	All Day	Remittance Due	



*One's relationship to others reveals one's relationship to God.
When appropriate "fruits" are present (social justice, mercy, sharing),
God will hear.*

~ Isaiah 58:6-9b footnote