

Thankfulness

Give thanks in all circumstances; for this is the will of God in Christ Jesus for you.

1 Thessalonians 5:18 (NRSV)

I am a firm believer that there is always, always, always something to be thankful for. There is no question that this continues to be a very challenging time. In difficult times, feeling grateful can help us focus on our blessings and the presence of God in all things.

I think we had one of the most beautiful springs this year that I have ever seen. I don't know if it was actually more beautiful or that I just noticed it more because I was not scurrying about as much as usual. I am thankful for the slower pace that let me see the glory of God and his magnificent creation.

I like this passage from the *Daily Word* devotional booklet.

Today I will pause to feel grateful for everyone and everything that has helped make my journey what it is. I will let those in my life know just how much their presence means to me and how grateful I am for them.

I will continue to practice the presence of God by centering my thoughts every few moments with prayers of gratitude and thanksgiving. These thoughts help me to rise above whatever I may be facing, and give me a feeling of deep peace.

I count you, my United Methodist Women sisters, among my richest blessing. Thanks be to God every day for all of His blessings, both large and small.

O give thanks to the Lord, for he is good; for his steadfast love endures forever.

Psalms 107:1

In Christian love,

Peggy Owen
President